

Spring/Summer Plant-Based Packed Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Plant Sausage Sandwich Salad Sticks Popcorn Homemade Cupcake	Vegan Cheese Sandwich Pizza Finger with Vegan Cheese Melon Wedge Iced Fruit Smoothie	Vegan Cheese and Tomato Pasta Pot Salad Sticks Sultanas Homemade Shortbread	Plant Sausage or Vegan Cheese Sandwich Sultanas Orange Wedges Cocoa Popcorn Bar	Vegan Cheese and Tomato Pasta Pot Salad Sticks Sultanas Homemade Cupcake

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct

Two

Monday	Tuesday	Wednesday	Thursday	Friday
Plant Sausage Sandwich Salad Sticks Popcorn Homemade Cupcake	Vegan Cheese Sandwich Pizza Finger with Vegan Cheese Melon Wedge Cocoa Oatcake	Vegan Cheese and Tomato Pasta Pot Salad Sticks Sultanas Homemade Shortbread	Plant Sausage or Vegan Cheese Sandwich Popcorn Orange Wedges Iced Fruit Smoothie	Vegan Cheese and Tomato Pasta Pot Salad Sticks Sultanas Homemade Cupcake

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct

Three

Monday	Tuesday	Wednesday	Thursday	Friday
Plant Sausage Sandwich Salad Sticks Popcorn Iced Fruit Smoothie	Vegan Cheese Sandwich Pizza Finger with Vegan Cheese Melon Wedge Lemon Shortbread	Vegan Cheese and Tomato Pasta Pot Salad Sticks Sultanas Homemade Cupcake	Plant Sausage or Vegan Cheese Sandwich Popcorn Orange Wedges Banana Flapjack	Vegan Cheese and Tomato Pasta Pot Salad Sticks Sultanas Homemade Iced Sprinkle Cupcake

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct