

# **NEWSLETTER**

20.10.2023

Another half term has flown by, and just in the last week it feels like Autumn is here. As always, we have all been busy with a variety of trips, visitors and WOW events alongside, it would seem, quite a lot of cooking this half term. Highlights for next half term will include our additional clubs and after school activities, reading cafes and of course, our Christmas events! Thank you for your on-going support. It is always a pleasure welcoming you into school and hearing your comments and suggestions. It has been lovely to be able to catch up with so many of you personally this week at our parent's evenings. I would like to take this opportunity to wish you a safe and peaceful half term break. School reopens on Monday 30<sup>th</sup> October.

#### **Harvest Festival**

Thank you for all your kind donations for our Harvest celebration this week. The children were visited by Reverend Adrian from Mulbarton Church, and it was lovely to see the children coming together to help our local community.

### Teacher-led after school clubs

After half term, our teachers will be running some new after school clubs. Details have been sent out today. Please look out for this email and express your interest using the link provided.

#### After school clubs

The booking links for clubs after half term are now live on our website. Please remember to rebook your child a space, even if your child is attending now. For further information, please visit our website <a href="After School">After School</a> <a href="Clubs - Mulbarton Primary School">Clubs - Mulbarton Primary School</a>.

#### **Dyslexia friendly school**

Over the next two years, we will be working towards the Dyslexia Friendly School Quality Mark. This will involve auditing our current provision, engaging with training and ongoing monitoring. We will also publicise any opportunities that arise for parents to become involved with any training.



#### **School meals**

The menu for next half term is now live on WisePay. Please note, Year 1 have a trip to Roarr Dinosaur Park on 16<sup>th</sup> November. If they would like a school meal, please order a snack pack on that day. Year 2 have a trip to Pizza Express on 15<sup>th</sup> November and the children can either have their pizza for lunch, order a meal as usual on WisePay or bring a packed lunch from home. Further details on these trips will be sent to you soon.

Please remember to order by 12pm on Friday 27<sup>th</sup> October, for the first week back of term.



#### **School Reading Champions**

We would just like to say a huge thank you to our team of reading volunteers, who give up their time to listen to the children read and offer support. It really does make a difference and is greatly appreciated. If you would like to become a Reading Champion, please contact the school office. We have opportunities for Year 4 children on Tuesday / Thursday and Friday pm.

#### Help with living costs

You may be struggling with living costs for a range of reasons. Please click this link for more information on what support is available and how to get advice. If you don't have access to the internet at home, you can go online at any of our Norfolk libraries. Help with Living Costs - Winter 2023/24 Norfolk Assistance Scheme

#### East Fit - Circuits class

Come and join us at Circuits – Wednesdays at 7pm running during term times.

Next term begins 1st Nov - final sesh before Christmas 20th Dec.

I run the class for those who may want to lose weight, get fitter, build lean muscle...the toning up bit or simply general conditioning. It's a fantastic whole-body exercise class that will be almost guaranteed to help you achieve your fitness goals.

At my class you can expect a fun, energetic, non-judgmental group environment. Taking on cardio, resistance, and strength training activities at various stations.

The team are so welcoming, and we have a real mixed ability so please drop me a message if you are interested, I'd love to see some new faces.

For more info drop me an email holly@eastfit.co.uk

Follow me on Facebook or Instagram to see more

https://www.facebook.com/eastfitpt

https://www.instagram.com/east.fit.pt

Or just grab me in the playground I'd love to tell you more about it





#### Halloween activities

A lot of our children will be going out Trick or Treating on Tuesday 31<sup>st</sup> October and we want to keep them safe. Please remember these simple safety tips:

- Carry glow sticks or flashlights, use reflective tape or stickers on costumes and bags, and wear light colours to help children see and be seen by drivers.
- Join children under age 12 for trick-or-treating.
- Slow down and be alert! Children are excited on Halloween and may dart into the street. Turn on headlights early in the day to spot children from further away.



- Remind children to cross the street at corners or zebra crossings.
- When selecting a costume, make sure it is the right size to prevent trips and falls. Choose face paint over masks when possible. Masks can limit children's vision.

The Woolworth family, in association with the Norwich Roundtable #1, will be hosting a Halloween Haunted House Spectacular, for the third year in a row. This year, for added safety, Bromedale Avenue (behind the Coop) will be closed between 16.00pm and 11.59pm. As always, it's a family friendly event. Roundtable Norwich #1 will be serving hot dogs and hot chocolate for a donation to the charity Home-start Norfolk. This is a local community network of trained volunteers and expert support. They help families with children under five with practical and confidential support. Please click the link to learn more Home-Start Norfolk





SugarBeat

- eating house -

Norwich Road, Swainsthorpe, Norwich, Norfolk, NR14 8PU T: 01508 471611 E:mail@sugarbeateatinghouse.co.uk

www.sugarbeateatinghouse.co.uk

## **Diary dates**

November - 2023	
Monday 6 <sup>th</sup>	Reading Café – Year 5 (2.00pm – 3.00pm)
Tuesday 7 <sup>th</sup>	Reading Café – Year 2 (9.00am – 10.00am)
Wednesday 8th	Reading Café – Year 3 (9.00am – 10.00am)
Friday 10th	Reading Café – Year 4 (9.00am – 10.00am)
Friday 10 <sup>th</sup>	Open morning for Reception intake 2024
Tuesday 14 <sup>th</sup>	Reading Café – Year 6 (9.00am – 10.00am)
Wednesday 15 <sup>th</sup>	Reading Café – Year 1 (2.00pm – 3.00pm)
Wednesday 15 <sup>th</sup>	Year 2 trip to Pizza Express
Thursday 16 <sup>th</sup>	Year 1 trip to ROARR Dinosaur Park
Friday 17th	Children in Need
Monday 20 <sup>th</sup>	Whole School Flu Vaccination
Friday 24 <sup>th</sup>	Open Afternoon for Reception intake 2024