



Mulbarton Primary School

'Helping each other to learn and grow'

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Newsletter 30/09/2022

Dear Parent / Carer,

PTA Annual AGM – The annual PTA AGM is on Thursday 6th October at 7.30pm and everyone is welcome to attend, it is being held in the Lower School Hall. If anyone is unable to attend in person, then we will be sending out a zoom link in the next few days.

Calling all Pre-loved Uniforms

Do you have any good quality, school uniform that you no longer need?

From 7/10/2022 there will be a collection bin near the office for you to donate Mulbarton logo t-shirts, cardigans, jumpers, grey or black school skirts, shorts and trousers. Please only donate uniform you would put your own child(ren) in!

Once we have collected and sorted any donations, we will send out an order form; if you would like to purchase quality, pre-loved uniform, all you need to do is complete the form and if we have it in stock, it's yours! More details to follow but for now, please start donating and help us to help you save some money and reduce clothing waste. Money raised will go towards current PTA projects. If you have any questions, please contact the school office".

Parent Survey for School Uniform

We are hoping to gather your opinions about our school uniform please click the link to complete a 2-minute survey.

<https://forms.office.com/r/4XNCzNpvBB>

Parent Survey for After School Activities

Great news, KS2 basketball after school club is full with 20 children. To ensure we maintain focus on offering clubs the children want, please can you complete this short survey.

<https://www.surveymonkey.co.uk/r/96DMJL5>

School Photos

Watch out for your beautiful school photos being sent home in the next few days, the deadline for orders is Tuesday 11th October 2022.

October Half Term Intensive Swimming course

Norwich Penguins are offering Intensive swimming lessons during October half term. Splashdown lessons are intensive daily classes held during the holidays to top up or get children started with their swimming lessons. Click the [link here](#)

Be Happy Hub – Is a Resource Centre for Children's Wellbeing, set up to help young children learn about their mental health and the techniques to wellbeing. The Be Happy Hub was launched in September 2021, Details below.

Used by NHS professionals! Featured in hundreds of classrooms!

SUPPORT YOUR CHILD'S MENTAL HEALTH AS THEY GROW

With the Be Happy Hub!

ONLY £1.99 A MONTH

The Be Happy Hub is an online resource centre, with over 300 printable, science-backed resources to support your child's mental health from birth to adulthood.

- ✓ Educate and develop emotional awareness
- ✓ Teach coping techniques that last a lifetime
- ✓ Calming and fun activities uploaded every week
- ✓ Used by NHS psychologists, parents and teachers.

Sign up now: www.behappyresources.co.uk

CALM, EDUCATE AND INSPIRE

- ✓ Over 300 fun and creative resources
- ✓ Resources based on tried and tested techniques and approved therapist tools
- ✓ Crafts, worksheets, games and more
- ✓ Monthly affirmations and mindfulness exercises based on seasonal themes
- ✓ Request your own resources
- ✓ Cancel any time!

BABY 0-36 MONTHS **AGE 3-5** **AGE 5-8**

AGE 9-11 **TEENS** **MOTHERHOOD**

Coming Soon!

★★★★★

"My daughter absolutely loves the colouring and activity sheets you do! They have massively helped her with anxiety and we're working through the school pack now!"

View and download psychologist approved free guides to mental health now - no need to sign up!

Visit: www.behappyresources.co.uk

Diary Dates

October 2022	
Monday 3 rd	Year 5 trip to Eaton Vale
Thursday 6 th	Annual PTA AGM (lower school hall)
Wednesday 12 th	Year 5 Bikeability
Friday 14 th	All years school Disco
Tuesday 18 th	Whole school flu vaccination
Wednesday 19 th	Year 5 Bikeability
Wednesday 19 th & Thursday 20 th	Parents evenings (details to follow)
Thursday 20 th	Mobile Library on Upper school playground

have a lovely weekend,

Mrs N Hall